

Ponsonby Business

This week's Ponsonby's business is Nina's take aways 234a Ponsonby Road. We talk to the owner of Nina's Nina herself....

What do you enjoy about working in Ponsonby? The people.

If you had a night off work, where would you go to eat in Ponsonby? Prego's and Bonita for a drink.

Has the 40k zone helped or hindered your business? It has helped has been great for business. I was one of the first to sign for it to be introduced.

How long have you lived and worked in Ponsonby for and why? Two years, this time I came back because of the business before that 11 years. I loved growing up here!

What are your favourite eateries in Ponsonby? Nina's and Nina's

What is your favourite take out? You guessed it Nina's.

How would you sum up Ponsonby in one word? Awesome.

Were you aware of Ponsonby Rugby League clubs great history? Yes, everyone in the community knew especially in the seventies always in the local parks.

Will you be coming down to cheer the boys on at Victoria park? I will support them, they are part of the Ponsonby community!

Thanks Nina for your valuable time. Nina was an absolute pleasure to talk to and to top it off, sent me on my way with fried chicken and roast potatoes. For the record, I'll be back!

Ponsonby Post Quiz Answers:

Q1. 1860 Q2. 1886 Q3. Freemans Bay Hotel, Leopard Tavern, Kiiti Obriens Q4. Rob Roy Hotel Q5. The Freemans Bay tide so meetings had to be held on the out going tide

If you are interested in supporting, coaching, managing, sponsoring the Ponies, we would love to hear from you. Contact Cliff Bailey on 021 590037 or cliff.bailey@windowslive.com

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Ponsonby Ponies would like to welcome and thank Julian and the boys from Maloney's aboard as a new sponsor. I'm sure they will do a good job of keeping the Ponies boys looking good on and off the field. 1- 192 Victoria Street West, just down from Les Mills.

Ponsonby Punter: Mat Rew

Did you know facts? the Ponies Post takes it to the street. Each edition our roving reporter will be out on the streets to ask people in our community about what they love about their suburb, so watch out!

How long have you been in Ponsonby and Why? I moved to Ponsonby when I was a teenager for work and to play music it was party central and still is!

How do you think the 40 k zone on Ponsonby Road is working? 40 k zone is good, it should be introduced to WestLynn shops (by Harvest WholeFoods) as well, cars fly through there!

What is your favourite store in Ponsonby? Not really a store but Ponsonby Pool Hall

What is your favourite take out in Ponsonby? Burger Feul/Satya Indian.

What is your ideal night out in Ponsonby on a Friday or a Saturday? These days Ponsonby Social Club, I think Ponsonby needs a solid music venue like the GluePot and Java Jive were.

What is your favourite park in Ponsonby area you enjoy spending time at and why? Victoria Park, my grandfather won a competition to take off in a plane from there when he was a kid! I always think of that when I'm down there, plus there is always cricket, rugby league

and touch rugby games on. Parks are here for us to use and on any winter Saturday Victoria Parks humming.

How would you sum Ponsonby up in one word? Choice.

Do you know where the home of the Ponsonby Ponies rugby league team is? Victoria Park, you got it!

Were you aware that the Ponsonby Seniors were playing the Warriors development team this Sunday at 3pm at Cornwall Park? I was unaware. Cornwall Park is a good neutral ground maybe I'll grab a sixer and check it out!

Mat Rew: Singer/songwriter, Rugby league enthusiast, Store Manager 428 Richmond Road Men's Clothing.

Pop in and talk music and sport, I'll give you a good deal!! haha

Thanks Mat for giving up his time to the Ponies Post.

Ponsonby United Rugby League are looking for NEW and OLD players for the U18's and U20's grades. Contact Joe Purcell mob: 021 614 230.

***** We are looking for a manager for Senior side for 2010 *****

Today in History

In this edition we talk to past Ponsonby player Dave Wong

How old were you when you first played for Ponsonby?

10 years old in 1952.

Why did you choose Ponsonby?

One of my mates at school Roger Bailey got me into it my parents weren't keen but I was keen to play with my school mates. Rogers mum was great she helped me out with rides and made sure I got to games.

What were some of your most enjoyable memories while playing for Ponsonby?

Playing with the guys you grew up with, winning a fox and being the first full Chinese player to get selected for the Auckland team it was a great journey!

Why do you think Ponsonby has had so much success over the years?

I think because we had a lot of good coaches and players were loyal to their clubs in those days.

Did you have a team song or saying that you remember from your playing days?

Not that I can remember.

What was the community support like when you played?

We had a lot of family support from our community at the games.

Are you still involved in the game in any way today?

Yes I am a life time member of the Ponsonby League club and still on the committee and Masters of Rugby League.

Do you still keep in touch with your team mates from your playing days?

I do through my Masters involvement guys like Brian, Keith Tracy and David Bailey

What advice would you give Ponsonby teams of today and future to be successful?

Have the right attitude, train hard, do extra work during the week because if you don't you won't perform well and you will be letting your team mates and club down.

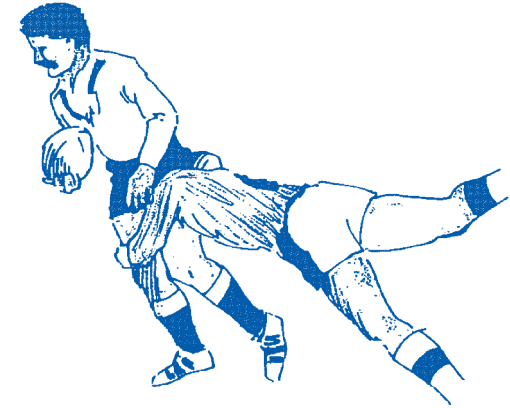
Skills and Drills - Tackling

Side-on Tackle

1. Fix your eyes on a spot on the thighs.
2. Drive into that spot with your shoulders keeping your head behind his backside.
3. Grab the legs with your arms. Snap them together.
4. Drive with your legs and hold on.

There are ways to practise proper technique.

1. Begin by kneeling and have your opponent walk towards you.
2. Crouch with your opponent still walking.
3. Crouch with your opponent jogging.
4. Stand with your opponent jogging.



ASB Banking Tip

When you regularly review your Home Loan, don't just talk interest rates with your Bank. Take the time to ask yourself and your Bank a few questions.

- Is my current deduction account still my preferred account?
- Do my income credits still coincide with my loan repayments?
- Is my fortnightly/monthly repayment frequency still working for me?

Can I afford to increase my regular principal repayments? You can save thousands of dollars in interest costs over the term of your loan by just a small increase in your principal repayment. \$50.00 extra a month can make a huge impact on your "Total Cost of Credit".

Steve Jamieson - Branch Manager - ASB Ponsonby

Ponsonby Post Quiz

Test your knowledge on Drake street

Q1. Drake street was the first and most important road in Freemans Bay area which ran along a cliff like ridge above the waterfront, originally a foot path it was cut as a road in what year?

Q2. What year was the Drake Built?

Q3. The Drake has been known by several different names over the years what were they?

Q4. What was the name of the 2 storey wooden hotel built on Drake street in 1861?

Q5. The Ponsonby United Rugby League Club held their first meeting there in the cellar but they had to compete with an obstacle created by nature. What was it they had to compete with and how did this affect when they held their meetings?

Club Fees 2010

Seniors \$50.00 Juniors \$50.00
Schoolboys \$30.00
Non Financial Members \$25.00

All club fees must be paid before play starts. The start of the season for the Premiers/Reserves is Saturday 20th March 2010. Senior grades, Juniors and Schoolboys starts 10 April 2010.

Any families that have any unwanted football boots could they be donated to the club so we can outfit players who are unable to afford

their own. Contact Mary 0274 515 969 or Keith 09 419 5575

Also should you or anybody you know that could assist by sponsoring the club or a particular team again please contact:

Mary Malloy
Ponsonby Club Secretary
Mobile: 0274 515 969

Email: mary.ponies@yahoo.co.nz
Club information website:
www.ponsonbyponies.co.nz